

**Child & Family Services  
Center for Resolution & Justice**

is pleased to offer a  
4-Day BASIC MEDIATION TRAINING  
September 25, 26, 27, & 28, 2019  
8:30am - 5:00pm each day

<b>Trainer:</b> Elena Bayrock Sapora Mediation & Conflict Resolution Specialist	
<b>Location:</b>  Jamestown City Court Building 200 East 3rd Street 4th Floor Police Training Room Jamestown, NY 14701  *Court Building is accessible	<b>Tuition:</b>  \$500 for the full 4-day training  Inclusive of training materials, refreshments each day and lunch on the last day of training  *Please see registration form

**ABOUT THE TRAINING:**

The Center for Resolution & Justice (CRJ) is pleased to host a comprehensive 4-Day Basic Mediation for Volunteers. Trainer Elena Bayrock Sapora will cover the basic theory and skills of mediation in a dynamic and engaging learning environment. Participants will be introduced to the theoretical grounding underlying effective conflict interventions, as well as the practical skills and techniques necessary to assist parties in conflict. Participants will learn to de-escalate negative and unproductive conflict interactions while assisting parties to engage in productive dialogue, interest-based negotiation and effective decision-making.

The training includes conflict theory and styles, active listening techniques, the mediation process, the role of the mediator, ethics, the role of law and lawyers in mediation, and more. The material will be presented through lecture, demonstration, role play and practice. Our approach starts you on the path to becoming a skilled mediator who is able to mediate in court-referred\*, community and private contexts.

**ABOUT CRJ:**

CRJ is committed to promoting peaceful conflict resolution in our communities. For more than 30 years, we have offered mediation programs, training and consultation services throughout an eight county Western New York region. Since 2005, CRJ has been operated by Child & Family Services: one of the largest, not-for-profit family service agencies in the country. We serve as the local Community Dispute Resolution Center under the auspices of the New York State Unified Court System's Office of Alternative Dispute Resolution. As a Community Dispute Resolution Center, we offer low and no cost programs that can help the individuals involved resolve a wide range of disputes including neighborhood, housing, property, school, family, small claims and relationship conflicts. We also offer programs in specialized areas such as Divorce Mediation, Workplace Mediation, Agricultural Mediation, Special Education Mediation and Lemon Law Arbitration. During our long history, we have trained thousands of individuals from all walks of life in mediation skills including police officers, elected officials, teachers, students, social workers and other clinical professionals, religious leaders, community members, attorneys, managers, human resource professionals, homemakers and many more!

For more information, visit: <http://www.cfsbny.org/programs/mediation/default.aspx>

**ABOUT THE TRAINER:**

Elena Bayrock Sapora is a trainer and consultant working with mediators and mediation centers throughout New York State. Incorporating her background in theater and movement, Elena has trained audiences of all ages in mediation, conflict resolution, and communication skills. She respects all learning styles and uses active, energetic, and engaging techniques to support each person as they integrate new learning and skills. Elena got her start in mediation as a teenager, when she initiated the peer mediation program at Thomas Tallis Secondary School in London, England. Since 2005 she has worked extensively with the New York State Community Dispute Resolution Centers Program, including serving as the founding Director of Operations for the New York Peace Institute. Elena is a certified Initial Mediation Trainer by the New York State Unified Court System Office of ADR and Court Improvement Programs.

For more information visit: <https://www.elenasapora.com/>

**ABOUT THE TRAINING LOCATION:**

At the Jamestown City Court Building, there is ample parking in a nearby parking ramp and several options for overnight accommodations close by.

**\*Please Note:** We do not have control over the temperature in the training facility, so please dress comfortably, casually and in layers.

**FOOD & BEVERAGES:**

Coffee, water, soda and light snacks will be available throughout the training. Lunch is on your own each day except the last day of training when CRJ provides lunch.

**NEARBY LUNCH SPOTS:**

The Jamestown area offers a wide array of options within walking distance from the training site and some within a very reasonable driving distance.